

an Boesti
RESTAURANT

TABLE D' HÔTE
MENU



With thanks to our local suppliers - Philip Warren Butchers & Tamar Fresh

STARTERS

SOUP OF THE DAY (vg) Bread roll	£8.50	DUCK SALAD (gf) Raspberry vinaigrette, bitter leaves	£11.00
SWEET POTATO, CORIANDER & CHILLI ARANCINI (vg, gf) Curried yoghurt	£8.50	CHICKEN LIVER PÂTÉ Toasted bloomer, apple chutney	£9.00
POTTED SHRIMP, FENNEL & TOASTED BLOOMER	£10.00		
TOMATO, MOZZARELLA & BASIL BRUSCHETTA (v)	£9.00		

MAIN COURSES

CHICKEN SUPREME (gf) Chorizo, potato & butterbean broth, carrots, charred leeks		£22.00
PAN-SEARED SALMON FILLET (gf) New potatoes, tenderstem broccoli, fine beans, Provençal		£22.00
ST. MELLION 6OZ BEEF BURGER Smoked streaky bacon, Monterey Jack, beef tomato, baby gem, red onion, homemade burger relish, French fries, coleslaw		£19.00
THAI GREEN VEGETABLE CURRY (vg, gf) Spiced jasmine rice Add chicken £6 / add prawns £6 / add salmon £12		£16.00
WILD MUSHROOM & TRUFFLE LINGUINE (v) Crème fraîche, rocket Add chicken £6 / add prawns £6 / add salmon £12		£18.00
ROASTED PORK BELLY WITH SOY & HONEY GLAZE (gf) Spiced jasmine rice, carrot, tenderstem broccoli		£22.00
BRAISED LAMB SHOULDER (gf) Pommes Anna, ratatouille, mint jus		£24.50
8OZ RUMP STEAK Chunky chips, slow roasted beef tomato, garlic portobello mushroom, peppercorn sauce, watercress		£30.00

DESSERTS

WARM CHOCOLATE BROWNIE (v, gf) Vanilla ice cream, chocolate sauce, chocolate shards	£8.50	CARAMELISED APPLE CRUMBLE TART (v) Salted caramel ice cream	£8.50
COFFEE CHEESECAKE (v) Walnut praline, Chantilly cream	£8.50	SELECTION OF CORNISH CHEESES (v) Apple, grapes, biscuits, chutney Add a glass of port £8.50	£15.00
RASPBERRY PAVLOVA (v, gf) Raspberry coulis, white chocolate shards	£8.50	ICE-CREAM & WAFER (v) Choose 3 scoops from the following; Vanilla, chocolate, strawberry, salted caramel, coffee, white chocolate & raspberry	£7.50
SELECTION OF SORBETS (vg, gf) Raspberry, mango, lemon	£7.50		

ALLERGENS

All food is prepared in an area where allergens are present. Should you have any dietary requirements, allergies or intolerances, please advise a member of our team upon ordering.

Most items can be adapted to suit a gluten free diet. v ~ vegetarian, vg ~ vegan, gf ~ gluten free, n ~ nuts, p ~ peanuts